

WEEK 1 MENU

WEEKS: 21/04, 12/05, 09/06. 30/06, 21/07, 01,09, 22/09, 13/10



HOT MARKET

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN MEAL Crispy Chicken Bites served with Sliced Sauté Potatoes, Peas & Sweetcorn Cheese & Ham French Bread Pizza served with Jacket Potato Wedges, Crunchy Carrot & Cucumber Sticks Homemade Beef Lasagne served with Wholemeal Garlic & Herb Bread, Mixed Vegetables or Salad

Roast Pork served with Roast Potatoes, Carrots, Broccoli, Yorkshire Pudding and Gravy Fish Fingers or Salmon Fish Fingers served with Chips, Garden Peas or Baked Beans & Ketchup

MEAT FREE Crispy Vegetable Bites served with Sliced Sauté Potatoes, Peas & Sweetcorn Cheese & Tomato
French Bread Pizza
served with
Jacket Potato Wedges,
Crunchy Carrot &
Cucumber Sticks

Roasted Vegetable & Lentil Lasagne served with Wholemeal Garlic & Herb Bread, Mixed Vegetables or Salad

Creamy Leek Wellington served with Roast Potatoes, Carrots, Cabbage, Yorkshire Pudding and Gravy

Vegan Quorn Sausage served with Chips, Garden Peas or Baked Beans & Ketchup

LUNCHTIME LUNCHBOX & JACKETS

Jacket Potato with Choice of Toppings served with Fresh Salad

Choice of Cheese, Ham
or Tuna Mayo
Baguette
Cream Crackers
Duo of Salad Sticks

Jacket Potato with Choice of Toppings served with Fresh Salad Choice of Cheese, Ham or Tuna Mayo Baguette Cream Crackers Duo of Salad Sticks Jacket Potato with Choice of Toppings served with Fresh Salad

DESSERTS

Choose One of Our Fabulous Desserts Chocolate Crispy Cake Fruity Jelly Fresh Fruit Pot Choose One of Our Fabulous Desserts Apple & Summer Berry Crumble Fruit Yogurt & Coulis Fresh Fruit Pot Choose One of Our Fabulous Desserts Peach & Vanilla Sponge Fruity Jelly Fresh Fruit Pot Choose One of Our Fabulous Desserts Vanilla Ice-Cream & Fruit Sauce Fruit Yogurt & Coulis Fresh Fruit Pot

Choose One of Our Fabulous Desserts Chocolate Brownie Fruity Jelly Fresh Fruit Pot



WEEK 2 MENU

WEEKS: 28/04, 19/05, 16/06, 07/07, 08/09, 29/09, 20/10



HOT MARKET

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN MEAL Traditional Macaroni Cheese served with Wholemeal Garlic & Herb Bread and Seasonal Vegetables Pork Sausage in a Crispy Baguette served with Crispy Potatoes & Vegetable Sticks Meat Feast
Wholemeal Pizza
served with
Baked Potato Wedges,
Peas & Sweetcorn

Roast Chicken served with Potatoes, Yorkshire Pudding, Carrots, Broccoli and Gravy Breaded Fish Fingers
Served with Chips,
Garden Peas or
Baked Beans
& Ketchup

MEAT FREE Mediterranean
Vegetable Pasta Bake
served with Wholemeal
Garlic & Herb Bread
and Seasonal Vegetables

Quorn Sausage in a Crispy Baguette Served With Crispy Potatoes & Vegetable Sticks Margherita
Wholemeal Pizza
served with
Baked Potato Wedges,
Peas & Sweetcorn

Roast Vegetable & Beans Pie served with Potatoes Carrots and Broccoli

Cheese, Onion & Mixed Pepper Roll served with Chips, Garden Peas or Baked Beans & Ketchup

LUNCHTIME LUNCHBOX & JACKETS

Jacket Potato with Choice of Toppings served with Fresh Salad Choice of Cheese, Ham
or Tuna Mayo
Baguette
Cream Crackers
Duo of Salad Sticks

Jacket Potato with Choice of Toppings served with Fresh Salad Choice of Cheese, Ham or Tuna Mayo Baguette Cream Crackers Duo of Salad Sticks

Jacket Potato with Choice of Toppings served with Fresh Salad

DESSERTS

Choose One of Our Fabulous Desserts Chocolate Sponge Fruity Jelly Fresh Fruit Pot Choose One of Our Fabulous Desserts Mixed Berry Muffin Fruit Yogurt & Coulis Fresh Fruit Pot Choose One of Our Fabulous Desserts Fruit Flapjack Fruity Jelly Fresh Fruit Pot Choose One of Our Fabulous Desserts Vanilla Ice-Cream & Fruit Sauce Fruit Yogurt & Coulis Fresh Fruit Pot

Choose One of Our Fabulous Desserts Jaffa Style Sponge Fruity Jelly Fresh Fruit Pot



WEEK 3 MENU

WEEKS: 05/05, 02/06, 23/06, 14/07, 15/09, 06/10



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN MEAL Baked Sausage Roll served with Crispy Cubed Potatoes & Baked Beans or Fresh Salad BBQ Pulled Chicken Wrap served with Savory Wholegrain Vegetable Rice & Salad Beef Bolognese Pasta served with Garlic & Herb Bread and Mixed Vegetables Roast Chicken served with Roast Potatoes, Carrots, Broccoli, Yorkshire Pudding and Gravy Breaded Fish Fillet served with Chips, Garden Peas or Baked Beans & Ketchup

MEAT FREE Vegan Sausage Roll served with Crispy Cubed Potatoes & Baked Beans or Fresh Salad Veggie Mince Chili Wrap served with Savory Wholegrain Vegetable Rice & Salad Vegetable & Lentil Bolognese served with Spaghetti, Garlic & Herb Bread and Seasonal Vegetables Quorn Fillet served with Roast Potatoes, Carrots, Cabbage, Yorkshire Pudding and Gravy

Vegetable Nuggets served with Chips, Garden Peas or Baked Beans & Ketchup

LUNCHTIME LUNCHBOX & JACKETS

Jacket Potato with Choice of Toppings served with Fresh Salad Choice of Cheese, Ham
or Tuna Mayo
Baguette
Cream Crackers
Duo of Salad Sticks

Jacket Potato with Choice of Toppings served with Fresh Salad Choice of Cheese, Ham
or Tuna Mayo
Baguette
Cream Crackers
Duo of Salad Sticks

Jacket Potato with Choice of Toppings served with Fresh Salad

DESSERTS

Choose One of Our Fabulous Desserts Sprinkle Cookie & Orange Wedge Fruity Jelly Fresh Fruit Pot

Choose One of Our Fabulous Desserts Sticky Toffee Apple Cake Fruit Yogurt & Coulis Fresh Fruit Pot Choose One of Our Fabulous Desserts Cornflake Tart Fruity Jelly Fresh Fruit Pot Choose One of Our Fabulous Desserts Vanilla Ice-Cream & Fruit Sauce Fruit Yogurt & Coulis Fresh Fruit Pot

Choose One of Our Fabulous Desserts Lemon Drizzle Cake Fruity Jelly Fresh Fruit Pot